



7 Habits of Highly Effective Christians

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ANSWER KEY

Lesson 1

The Habit of Discipleship

Lesson in Review

1. Fill in the missing word or phrases:

- Mature believers are called disciples .
- I cannot be a disciple without being disciplined . Physical fitness is not automatic, neither is automatic . Both take hard work!
- The mark of a disciple is “ bearing my cross ” (Luke 14:27).
- Bearing my cross means “ denying my own desires ” to put God first in my life every day (Luke 9:23).

2. Name the five habits of a disciple:

- a. Bible Study
- b. Prayer
- c. Tithing
- d. Fellowship
- e. Holiness

3. Define the word “habit.” A continual, often unconscious inclination to do a certain activity, acquired through frequent repetition. An established disposition of the character. A customary practice

4. There are 5 D’s to maintain good habits. Name them:

- a. Desire
- b. Decision
- c. Declaration
- d. Determination
- e. Dependence on God

Lesson 2

The Habit of Bible Study

Lesson in Review

1. List the six (6) ways to get a grasp on your Bible:

1. Hear
2. Read
3. Study
4. Memorize
5. Meditate
6. Apply

2. Fill in the blanks with the correct versions of the Bible:

Use the King James version for its accuracy, New Living Translation for its readability, and other versions occasionally for clarity.

3. What is the difference between reading and studying the Bible? _____
You take notes when you study the Bible

4. Explain the "Application Bridge" principal. _____
What did the scripture(s) mean to the original hearers?
What is the timeless principle?
Where or how can I apply that principle?

5. What is the key to memorizing scripture? Review – everyone makes it a
point to remember things that are important to them.

6. Name some of the benefits of memorizing Scripture? (answers may vary)
It helps me resist temptations. It helps me make wise decisions. It
strengthens me when I am under stress. It comforts me when I am sad. It helps me
witness to unbelievers.

7. Give four (4) examples of ways to memorize the Word of God: (only 4 needed)

- Pick a verse that speaks to you.
- Say the reference before and after the verse.
- Read the verse aloud many times or record it.
- Break the verse into natural phrases.
- Emphasize key words when quoting the verse.
- Write down the verse and erase one word at a time.
- Write out the verse on a flash card.
- Always carry some cards with you for review.
- Display your verses in prominent places.
- Always memorize the verse perfectly.
- Put the verse to music – write a song.
- Get a partner so you can check each other.

8. Meditating on Scripture is the key to what three (3) things:

1. It is the key to becoming like Christ.
2. It is the key to answered prayer.
3. It is the key to successful living.

Lesson 3

The Habit of Prayer

Lesson in Review

1. What is the key to successful prayer? Be specific, write down your request, along with a promise you are claiming from the Bible and expect an answer
2. What is the only way we can communicate with God? Through prayer
3. Name the six (6) ways to get a grasp on prayer (P's)?
 1. Praise
 2. Purpose
 3. Provision
 4. Pardon
 5. People
 6. Protection
4. Jesus taught us to have the right attitude and the right approach in prayer.
5. Fill in the blanks:
 1. Have a specific time for prayer.
 2. Have a specific place for prayer.
 3. Have a specific routine for prayer.
6. There are 2 rules for praying. What are those two (2) rules?
 1. Never judge your prayer time by your feelings
 2. If you miss a day, do not give up
7. What are the four (4) steps to forgiveness?
 1. Ask God to reveal my sin
 2. Confess each sin specifically
 3. Make restitution to others when necessary
 4. By faith, accept God's forgiveness

Lesson 4

The Habit of Tithing

Lesson in Review

1. What is tithing, what is an offering? _____
The word tithe means a tenth part. A "tithe" is giving 10% of my income.
An "offering" is anything I give above my tithe.

2. Name three (3) or four (4) reasons God wants us to give? (answer will vary)
 - a. Giving makes me more like the Lord.
 - b. Giving draws me closer to God.
 - c. Giving is the antidote to materialism.
 - d. Giving strengthens my faith.
 - e. Giving is an investment for eternity.
 - f. Giving blesses me in return.
 - g. Giving makes me happy.
3. My giving reveals my spiritual Maturity.
4. What should I tithe according to Proverbs 3:9-10? _____
The first part of what I earn, not the leftovers

5. Where should I tithe according to Malachi 3:10? _____
Where I worship and get fed spiritually

6. When should I tithe according to 1 Corinthians 16:2? _____
When I go to worship each week

7. How should I tithe according to...?
 - a. Willingly (2 Corinthians 9:7)
 - b. Joyfully (2 Corinthians 9:7)
 - c. Generously (2 Corinthians 8:3)
 - d. Expectantly (2 Corinthians 9:6)

Lesson 5

The Habit of Fellowship

Lesson in Review

| | | | | |
|---------------|-------|---------------|-------|----------------|
| Church family | Unity | Encouragement | Gifts | Accountability |
|---------------|-------|---------------|-------|----------------|

Fill in the blanks with the correct word from the box above:

1. I need a church family to help me grow spiritually.
2. I need encouragement to help me grow spiritually.
3. I need accountability to help me grow spiritually.
4. There is great spiritual power in unity.
5. God has given me gifts to bless my church family.

List 5 “one another” commands that we must obey if we are faithful to our local church:

(answers will vary)

1. Serve one another
2. Accept one another
3. Forgive one another
4. Greet one another
5. Bear one another's burdens
6. Be devoted to one another
7. Honor one another
8. Teach one another
9. Submit to one another
10. Encourage one another

Lesson 6

The Habit of Holiness

Lesson in Review

1. The habit of holiness is evidence that what has happened in a believer's life?
That a real change has taken place
2. Explain how Jesus feels about us being holy examples to others, according to Matthew 18:6? Jesus said It will be terrible for people who cause even one of my little followers to sin. Those people would be better off thrown into the deepest part of the ocean with a heavy stone tied around their necks
3. Women are instructed to appear a certain way so that men are not tempted, while men are instructed to act a certain way so that women are not tempted.
4. The Bible mentions several areas of holiness for mature Christians. Name 3 of these and give a brief description of each: (answers will vary)
 - i. Attitude: The fruit of the Spirit (kindness, love, patience, self-control, etc.) must manifest itself in our attitudes.
 - ii. Thought: We must think on true, pure, and noble things, while casting out thoughts that stem from evil lusts and attitudes.
 - iii. Sight: We must guard our eyes as the gate of the soul and the primary source of input for the mind.
 - iv. Speech: We should avoid gossiping, backbiting, slander, causing division, swearing by an oath, complaining, taking the Lord's name in vain, criticizing, cursing, lying, idle words and suggestive or filthy speech.
 - v. Body: Since the body is the temple of the Holy Ghost, we avoid anything that would harm or defile the body, including anything that would cause intoxication or addiction
 - vi. Sex: The Bible condemns all sexual relationships and activity outside of marriage between one man and one woman and opposes lustful thoughts and actions.
 - vii. Fellowship: We should have no fellowship with those who call themselves Christians but continually indulge in sinful activities. We are not to become partnered with unbelievers in relationships such as marriage.
 - viii. Life: In view of the sanctity of human life, Christians must not participate in violence or taking of human life. This includes

abortion, euthanasia, murder, and suicide.

- ix. Honesty: Christians must reject all forms of dishonesty. This would include lying, stealing, defrauding, refusal to pay debts, extortion, bribery, and all types of cheating.
- x. Amusement: Because of the sinfulness of the world today and because of the biblical warnings against loving the world, we must carefully and maturely regulate our music, sports, activities, and amusements.
- xi. Hair: The Bible teaches that men should have short hair and that women should have long uncut hair.
- xii. Appearance: Since modern fashion has strayed so far from Biblical principles, we can no longer rely on society's definition of "modesty" to govern our appearance.

5. *What should I do if I do not feel a personal conviction regarding any of the holiness standards? Should I follow it anyway? Why or why not? _____*

Obey your spiritual leaders and do what they say. Their work is to watch over your souls, and they know they are accountable to God. Give them reason to do this joyfully and not with sorrow. That would certainly not be for your benefit (Hebrews 13:17).

6. Our righteous works are not the means of us receiving salvation, but they should be the result of us receiving salvation!

Lesson 7

The Habit of Evangelism

Lesson in Review

1. Evangelism should be which of the following (mark all that apply): **all should be checked**

- ☐ Personality-Oriented
- ☐ People-Oriented
- ☐ Team-Oriented
- ☐ Eternity-Oriented

2. Explain why one soul so important, use references in the book of Acts? _____

There are several examples in the book of Acts that describe how "one soul" was touched at a time. Jesus emphasizes in His word that even one soul is worth saving and leaving the ninety-nine to find. Every soul is important to God and it should be important to us too.

Explain why Jesus' mission should matter to me? (answers will vary)

If I want to be like Jesus, My Life Mission must include His Life Mission.

Jesus expects me to continue His Mission.

Sharing the Gospel is my responsibility.

Sharing the Gospel is my privilege.

I am grateful for what God has done for me.

People are lost without Jesus Christ.

God wants everyone to be saved.

God's timetable for history hinges around the church completing our mission.

I will be rewarded by the Lord in eternity.

I will rejoice in eternity when I see people, I have won to the Lord with me in heaven.

3. There are several keys to being an effective witness. Fill in the missing key words in the following statements:

- Recognize your personal style.
- Show love. People don't care how much we know until they know how much we care!
- Be positive and pleasant.
- Never use put-downs.

- Be natural - do not try to sound “ Spiritual ”.
- Keep it simple .
- Ask God to help you use the right words .

4. Give biblical examples of the following evangelism styles:

- Confrontational Style Peter preaching in Acts 2
- Intellectual Style Paul in Acts 17
- Testimonial Style Blind man in John 9
- Interpersonal Style Matthew in Luke 5
- Invitational Style Woman at the well in John 4
- Serving Style Dorcas in Acts 9